

## Crustless Pumpkin Pie

# Nutrition Facts

Serving Size: 1 slice

Servings: 8

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**Amount Per Serving**

**Calories 162**      Calories from Fat 45

**%Daily Value\***

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**Total Fat** 5g      **7%**

Saturated Fat 2g      **11%**

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**Cholesterol** 114mg      **38%**

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**Sodium** 201mg      **8%**

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**Total Carbohydrate** 25g      **8%**

Dietary Fiber 2g      **7%**

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**Protein** 6g      **11%**

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Vitamin A 239%      Vitamin C 5%

Iron 8%      Calcium 11%

\*Percent Daily Values are based on a 2,000 calorie diet.