

Trail Mix

Ingredients:

4 cups whole wheat natural
cereal
2 cups pretzel twists
1 cup raisins
1 cup dried fruit

Equipment:

Measuring cups
Mixing bowl

Number of Servings: 8
Preparation Time: 5 minutes
Total time: 5 minutes

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Directions

1. Combine all ingredients and mix well.
2. Store in an airtight container.

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