



VIRGINIA SNAP-ED Quarterly Report *2022*

1

Eat Smart • Move More
Virginia Cooperative Extension • Family Nutrition Program



Virginia Cooperative Extension
Virginia Tech • Virginia State University

SNAP-ED PROGRAM OVERVIEW



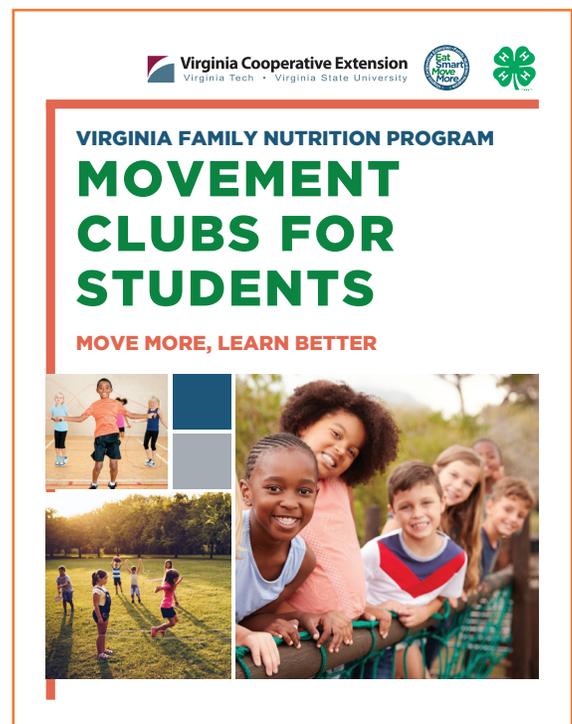
Ongoing Delivery of Programs

The first quarter of FY2022 for Virginia SNAP-Ed was marked mostly by online trainings and updates to support the ongoing delivery of programs.

• LEARN •

Movement Clubs

In order to encourage movement and physical activity within schools (learn settings), a handbook/guide was developed for SNAP-Ed Agents to help train and facilitate school staff and volunteers on creating and/or adapting existing clubs into movement clubs for youth. The Movement Club handbook is a comprehensive tool for planning, implementing, and evaluating Movement Clubs and covers volunteer recruitment, session planning, risk management, parent engagement, and community outreach. It was pilot-tested this fall in Page County. Feedback from the pilot-test will help further refine the handbook in order to scale up to reach more SNAP-Ed eligible schools.



Employee Trainings by Setting *(Chronological Order)*

The following list includes all structured trainings and professional development opportunities provided to Virginia SNAP-Ed employees from October 1, 2021 - December 31, 2021 by SNAP-Ed setting. These do not include weekly check-ins with employees, either individually or by district.

ALL

Training Title	Employees in Attendance	Description	Training Type	Date	Number of Attendees
FNP: Dietary Guidelines for Americans - Chapter 2 (Infants and Toddlers)	All	Training series on The Dietary Guidelines for Americans 2020	Remote	October 7, 2021	41
FNP: Dietary Guidelines for Americans - Chapter 3 (Children and Adolescents)	All	Training series on The Dietary Guidelines for Americans 2020	Remote	October 14, 2021	40
FNP: Dietary Guidelines for Americans - Chapter 4 (Adults)	All	Training series on The Dietary Guidelines for Americans 2020	Remote	October 21, 2021	37
FNP: Dietary Guidelines for Americans - Chapter 5 (Women who are lactating or pregnant)	All	Training series on The Dietary Guidelines for Americans 2020	Remote	October 28, 2021	28
FNP: Dietary Guidelines for Americans - Chapter 6 (Older Adults)	All	Training series on The Dietary Guidelines for Americans 2020	Remote	November 4, 2021	22
FNP: New Thrifty Food Plan	All	Professional development webinar to discuss The New Thrifty Food Plan & how it was determined to increase SNAP benefits	Remote	November 5, 2021	25

LIVE

Training Title	Employees in Attendance	Description	Training Type	Date	Number of Attendees
Hacks for Youth Programs	Peer Educators working with Youth	Panel of Senior Peer Educators to discuss what has worked for them during the past 2 years & brainstorm new ideas for other program assistants	Remote	November 9, 2021	25
Program Planning	SNAP-Ed Agents	Training for SNAP-Ed agents on tools to use for planning the coming program year	Remote	November 17, 2021	13

2022 Virginia SNAP-Ed Q1 Report

Training Title	Employees in Attendance	Description	Training Type	Date	Number of Attendees
Hacks for Adult Programs	Peer Educators working with Adults	Panel of Senior Peer Educators to discuss what has worked for them during the past 2 years & brainstorm new ideas for other program assistants	Remote	November 19, 2021	7

LEARN

Training Title	Employees in Attendance	Description	Training Type	Date	Number of Attendees
School Wellness	SNAP-Ed Agents	Training dialogue on how to keep supporting school partners as they transition back to in person	Remote	November 9, 2021	13
Curriculum Training for Volunteers overview	SNAP-Ed Agents	Training overview for SNAP-Ed Agents on how to train volunteers out in the field	Remote	November 11, 2021	13
Working with Coalitions	SNAP-Ed Agents	Training for SNAP-Ed Agents on how to identify and partner with coalitions on PSE programs.	Remote	November 16, 2021	13



The U.S. Department of Agriculture (USDA) is an equal opportunity provider and employer. This material is partially funded by USDA's Supplemental Nutrition Assistance Program – SNAP which provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more, contact your county or city Department of Social Services or to locate your county office call toll-free: 1-800-552-3431 (M-F 8:15-5:00, except holidays). By calling your local DSS office, you can get other useful information about services.

Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.